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## Experience report concerning the MOTomed letto in heart surgery

Dear Mr. Derrer,  
Dear Mrs. Weggenmann

Thank you very much for loaning us the MOTomed letto temporarily. Our experiences refer to a treatment period of more than 8 weeks. During that time we used the machine in addition to physiotherapy in the postoperative early stage after heart surgeries on intensive care units of children and adults cardiology.

We successfully used the machine with patients with the following indications :

- with sedated, relaxed long-term patients for prevention of contractures and thrombosis as well as for building up muscles of the lower extremities
- stabilization and training of circulation
- stimulation of metabolism and bowel movement, especially with long-term patients
- with neurological concomitant diseases like postoperative hemiplegias, especially for reduction of spasticity and prevention of contractures
- for building up/keeping muscles with cardiomyopathy patients with extra-corporal circulation systems (e. g. Berlin Heart)

Thanks to the simple use, the clear, the display and the introduction of Mr. Derrer, the work with the MOTomed letto is a child's play. After the few tests, the machine could be set up and used quickly, safely and uncomplicatedly with the patient. The simple handling, the analysis of the training as well as the success in treatment of the patients and their positive feedback persuaded us to integrate the MOTomed letto as a fully developed training machine for patients confined to bed, sedated patients and also artificially respired long-term patients. We have been using the MOTomed letto since one year now. In this period of time, the experiences have been confirmed and also our senior consultants absolutely desire it for assisted physiotherapy.

One behalf of our department we want to thank for the pleasant cooperation with the RECK company and Mr. Derrer.

With best regards

Lukas Herrmann & Hilmar Klupsch