

TRIAL REPORT ON MOTOMED

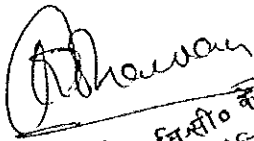
In the department of Physical Medicine and Rehab Motomed was used for two weeks. Total of eight patients six having spasticity were put on exercise for strengthening of muscles and reduction of spasticity.

Patients having spasticity responded to the mode of exercises, Isokinetic since they could exercise unsupervised. On an average eight sessions of exercises were given and patients performance improved after doing exercises on Motomed which was reflected in their walking and functional performance as well.

Those who were flaccid totally also felt better because they could do passive exercises without much help from the attendant.

The best thing about it is that whole body could be exercised i.e. all four limbs without much help from the therapists. Though the member of sessions and the series of patients was not large still it gives quite encouraging results since it aids in exercising rehab patients. I would ,ecommend this for my patients certainly.

Thanking you,



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